

# Breathe better, do more

**Are you a smoker? Do you have breathing problems due to lung disease? Or do you know someone who does?**

The healthcare teams from Whittington Health and Camden community breathing services would love to meet you. Come along and find out more about what free services are already available.

We want to hear your thoughts on these services as well as your suggestions on how services could be designed to better meet your needs.

We will provide sandwiches and a £5 gift voucher for those who attend.

**Thursday 29 February, 2024,  
11:30am - 1:00pm**

**The St Pancras and Somers Town  
Living Centre**

**Contact Sonia via email  
[Sonia@thelivingcentre.org](mailto:Sonia@thelivingcentre.org) or call 0207  
380 0453 on to reserve your place.**

